

Shiver Me Timbers! LTC/HH/H Earthquake Exercise

Patient/Resident Player Information and Guidance

The staff with your healthcare facility are participating in a disaster readiness exercise to test readiness for and response to an earthquake that may impact the facility. They will be discussing or demonstrating their responsibilities during and immediately after an earthquake. This will include checking preparedness supplies and reporting the impact to people and the facility immediately after the shaking stops. You and your family are invited to participate in the exercise, though not required. This should be a fun, learning experience helping you and your family be ready to survive an earthquake!

Exercise Rules

The following general rules govern exercise play:

- **Real-world emergency actions take priority over exercise actions.**
- Tell staff before the exercise whether you and/or your family **wish or don't wish** to participate in the exercise.
- If there is a real-world emergency during exercise play, say **"Real World Emergency"** so that the Leader or Exercise Coordinator is aware. The Leader or Exercise Coordinator will determine if and when it is safe to resume exercise play.
- If communicating with people outside the facility during the exercise about exercise activities it is important that they understand you are participating in a disaster exercise. You may want to tell them: **"I am participating in a disaster exercise"**. This precaution is taken so that anyone who overhears the conversation will not mistake exercise play for a real-world emergency.
- If you do not understand the scope of the exercise, or if you are uncertain about an organization's participation in an exercise, ask a staff member.
- All exercise communications will begin and end with the statement **"This is an exercise."** This precaution is taken so that anyone who overhears the conversation will not mistake exercise play for a real-world emergency.

After the Exercise

- Review how well you did during the exercise – are there things you could have or do to help you be better prepared? Have your family help with getting preparedness supplies.