

# THE 2-MINUTE DRILL

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Incident: Code Silver – Active Shooter

## Purpose of a 2 minute drill:

- Drill designed to be done DURING normal work
- Minimal interruption to work flow
- Allows leaders to run drills on multiple shifts over multiple days/weeks
- Goal is to get ALL staff involved in drills
- Capture learnings from all drills to share with entire team

## Code Silver Drill

### Challenges:

- Active shooter scenarios are unpredictable and fast
- Staff need to practice in their work environment WITHOUT causing fear to our patients and visitors
- Need to have multiple scenarios (ie shooting starts in a hospital room, shooter is in a neighboring area) so staff can explore options and learn the most about environment

### How do you mimic an active shooter without scaring people?

- Use a noise (ie cowbell) to represent gun shots
- Instruct “shooter” to walk calmly around your work area for a few minutes to cause staff to react based on location

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<u>Preparation</u>	<ul style="list-style-type: none"><li>□ Prepare a space (ie large white board) for staff to note learnings/questions/suggestions. Suggest keeping this up for 1-2 weeks continuously while drills are being done.<ul style="list-style-type: none"><li>▪ Consider organizing it in sections.</li><li>▪ Post answers to FAQs</li></ul></li> <li>□ Have a brief huddle with staff in the hour prior to the drill<ul style="list-style-type: none"><li>□ Discuss what the drill will be and review any prep materials<ul style="list-style-type: none"><li>▪ <u>ACTIVE SHOOTER ONE Pager</u></li><li>▪ <u>Leader Talking Points</u></li><li>▪ <u>FAQs</u></li><li>▪ <u>Demonstrate sound that will be active shooter</u></li></ul></li> <li>□ Reinforce that <u>everyone</u> is expected to participate:<ul style="list-style-type: none"><li>▪ Ideally, each person should act out or talk about what they would do</li><li>▪ At minimum, they need to pause and think about their options</li></ul></li> <li>□ Review where to document learnings and questions</li></ul></li></ul>
<u>DRILL</u>	<ul style="list-style-type: none"><li>□ Assign someone to be the active shooter, do not let staff know who will be playing that role.</li> <li>□ Advise “shooter”: DO NOT be aggressive. The “shooter” is just a sound. This is designed to not cause concern/fear to patients/visitors.</li> <li>□ Active shooter should start in different area for all drills so people respond based on their location. (ie entrances, patient room) and you learn as much as possible about your work area</li> <li>□ Have active shooter move around for 30 sec – 2 min.</li></ul>

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<u>After Drill</u>	<ul style="list-style-type: none"><li><input type="checkbox"/> Round with staff to get feedback. Encourage them to write learnings/questions/suggestions on board.</li><li><input type="checkbox"/> Review what is on board and edit to keep organized. Answer questions.</li><li><input type="checkbox"/> When all drills are complete in your area, provide a summary of the learnings for your group</li></ul>
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